



When insurance cover is reduced/ceases

Individual life insurance and/or disability insurance

When you leave the company, you also leave the insurance in which you have been included. In other words, you lose good insurance. The insurance ceases to be valid on the day you leave the company, although no earlier than 14 days after you receive this notice. If this notice was sent to you after you left, the insurance will cease to be valid 14 days later. But in any case, it will not be more than two months after your last day with the company.

If you start work with another company that offers its employees equivalent insurance, the previous insurance ceases to be valid immediately. However, you are entitled to purchase an equivalent life insurance and/or disability insurance from If without providing new health information.

The same entitlement applies in the event of reduction in insurance cover.

Any co-insured spouse or cohabitant is entitled to individual life insurance without new health information.

This is on condition that we receive the response slip below within six months after you left the previous insurance that you had through your job. We will send you a quotation as soon as we receive the response slip below.

If you would like more information, feel free to contact us via phone: 21 49 24 00 or mail: bedrift.person@if.no. You may also contact us directly at the following address:

If, Service/Personalforsikring
Drammensveien 264, 0283 Oslo



I wish to receive a quotation for individual life insurance with the same sum insured as I had through the personnel insurance.

Name: _____
Personal identification nbr.: _____
Address: _____
Postal code/town: _____
Telephone: _____
E-mail: _____

I wish to receive a quotation for individual disability insurance with the same sum insured as I had through the personnel insurance.

Policy number: _____
at the company: _____
and left on (date): _____
My annual pay with the company was: _____
Date: _____
Signature: _____

Please fill in all the information above and send to:
If Service Personalforsikring LYS 5A, P.B. 240, 1326 Lysaker, or use mail: bedrift.person@if.no.